

Sports & Entertainment

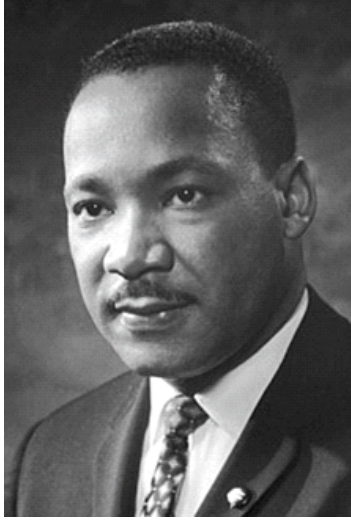


For Your Calendar

The National Civil Rights Museum focuses on MLK’s 95th birthday with free admission and community service

The Museum uses history blue-prints of 1960s to move forward in today's challenges

MEMPHIS, TN – (December 5, 2023) – On January 15, in honor of the national holiday, the National Civil Rights Museum will host a daylong celebration dedicated to the legacy of Dr. Martin Luther King, Jr., with a special emphasis on community service. The public is invited to join this celebration, taking advantage of extended hours from 8:00 am to 6:00 pm. Thanks to the generous support of FedEx, admission to the museum on King Day will be free for all guests. “Dr. King once said ‘anyone can be great because anyone can serve,’” said Museum President Dr. Russ Wigginton. “At our museum, we create opportunities to highlight the greatness in our communities. Dr. King’s legacy and the progress we’ve collectively made encourages us to



**Dr. Martin Luther King, Jr.** keep moving forward,” he said. King Day will kick off yearlong observances themed “History Moves Us Forward” as the Museum focuses on major civil rights milestones with anniversaries in 2024. The year includes highlights of the 60th anniversary of the Civil Rights Act of 1964 ending legal segregation,



Mississippi Freedom Summer dedicated to voter education, the Mississippi Freedom Democratic Party that challenged at the Democratic Convention, and the presentation of the Nobel Peace Prize to Dr. King.

**KING DAY HIGHLIGHTS:**  
•Visitors are welcome to explore the museum from 8:00 am to 6:00 pm.  
•In partnership with Vitalant's MLK Spirit of Service blood drive, the museum helps to thwart the critical blood shortage. Donors at Vitalant local centers from December 15 to January 15 and onsite at the museum on the MLK holiday will receive free admission for two people in

2024.  
•Guests are encouraged to give back to the community by bringing canned goods and nonperishables to support the Mid-South Food Bank's efforts in feeding local families in need.  
•The day's schedule includes Main Stage performances by local artists such as vocalist Ger-  
*Guests are encouraged to give back to the community by bringing canned goods and nonperishables to support the Mid-South Food Bank's efforts in feeding local families in need.*  
ald Richardson, Overton High School choir, and more. The outdoor live entertainment is sponsored by Ford Motor Company Fund.  
•Wells Fargo has sponsored the Pavilion Tent showcasing local organizations, children's activities, and entertainment.

•Additional support for King Day comes through in-kind donations from Home Depot, area restaurants and businesses. Several corporations and organizations have committed volunteers to serve at the museum on King Day.  
For more information about King Day at the National Civil Rights Museum, visit [kingday.org](http://kingday.org). The event hashtag is #KingDay2024.  
About the National Civil Rights Museum  
The NATIONAL CIVIL RIGHTS MUSEUM, located at the historic Lorraine Motel where civil rights leader Dr. Martin Luther King, Jr. was assassinated, gives a comprehensive overview of the American Civil Rights Movement from slavery to the present. Since the Museum opened in 1991, millions of visitors from around the world have come, including more than

90,000 student visits annually. The Museum is steadfast in its mission to chronicle the American civil rights movement and tell the story of the ongoing struggle for human rights. It educates and serves as a catalyst to inspire action to create positive social change.  
A Smithsonian Affiliate and an internationally acclaimed cultural institution, the Museum is recognized as a 2019 National Medal Award recipient by the Institute of Museums and Library Services (IMLS), the top national honor for museums and libraries.  
It is a TripAdvisor Travelers' Choice Top 5% U.S. Museum, USA Today's Top 10 Best American Iconic Attractions; Top 10 Best Historical Spots in the U.S. by TLC's Family Travel; Must See by the Age of 15 by Budget Travel and Kids; and Best Memphis Attraction by The Commercial Appeal and the Memphis Business Journal.

Saluting those who inspire change; NFL and clubs announce 32 nominees who make a difference in their communities

Tennessee Titans honor Glenda Glover for her work at Tennessee State University and with students.

NEW YORK – December 12, 2023 – For the second consecutive year, the NFL and its clubs today announced its list of 2023 Inspire Change Changemakers, 32 individuals that are going above and beyond in their pursuit of social justice by helping to transform their communities. These Changemakers were nominated by clubs for having a meaningful impact across Inspire Change's four focus areas: education, economic advancement, police-community relations, and criminal justice reform.  
This year's Changemakers list includes formerly incarcerated individuals, entrepreneurs, attorneys, teachers, activists, advo-

*“The NFL is proud to spotlight the work of these Changemakers for the invaluable impact they've had on those around them,” said Anna Isaacson, NFL Senior Vice President of Social Responsibility. “Their stories and achievements are a testament to their profound empathy, diligence, and contributions, and they inspire all of us today and every day.”*

cates and more, who have made an immeasurable difference on the lives of those around them. The NFL is honored to recognize these 32 Changemakers and their extraordinary contributions, from helping to break the cycle of poverty to providing mentorship and financial support services.  
“The NFL is proud to spotlight the work of these Changemakers for the invaluable impact they've had on those around them,” said Anna Isaacson, NFL Senior Vice President of Social Responsibility. “Their stories and achievements are a testament to their profound empathy, diligence, and

contributions, and they inspire all of us today and every day.”  
In addition to receiving special recognition at each team's Inspire Change games during Weeks 15 and 16, the Changemakers – who are selected by their local NFL teams based on their work either individually or as part of a non-profit – will receive a \$10,000 donation from the NFL Foundation, paid directly to a non-profit organization of their choice.  
**This year's Changemakers include:**  
**Arizona Cardinals: Martina Estrada** – nominated by the Arizona Cardinals for her work with Arizona Brain Food. Estrada has worked with Mesa Public Schools for 14 years and is currently a Family Support Specialist who provides resources to meet students' educational, emotional, and social needs.

**Atlanta Falcons: Anthony Hinton** – nominated by the Atlanta Falcons for his work with the Equal Justice Initiative (EJI). Hinton works closely with EJI in Alabama as a Community Educator who helps provide legal assistance to those on death row. He is also the author of 'The Sun Does Shine,' a story on criminal justice reform.

**Baltimore Ravens: Damion Cooper** – nominated by the Baltimore Ravens for his work with Project Pneuma. Cooper is passionate about advancing police and community relations in Baltimore City and works with over 500 students annually to support their intellectual, physical, and emotional needs.

**Buffalo Bills: Nekia Kemp** – nominated by the Buffalo Bills for her work with the Police Athletic League (PAL) of Buffalo.

Kemp has worked with children in diverse educational settings in the Buffalo community for over twenty-five years, including her current role as the Executive Director of Buffalo PAL.  
**Carolina Panthers: Sandra Smith** – nominated by the Carolina Panthers for her work with Roof Above. Smith has worked with Roof Above for nearly 30 years. In her current role as Director of Food Services, she oversees serving meals 365 days a year to underserved members of the Charlotte community.

**Chicago Bears: Juliana Zavala** – nominated by the Chicago Bears for her work with Chicago Public Schools. Zavala is currently the Senior Manager of Elementary Sports for CPS where she oversees all sports at over 300 elementary schools.  
**Cincinnati Bengals: Barbara Turner** – nominated by the Cincinnati Bengals for her work with BT RISE. Turner has over 40 years of corporate leadership experience in financial services and founded BT RISE to support women and individuals from underserved communities in acces-

sing the resources needed for financial security and independence.  
**Cleveland Browns: Brandon Chrostowski** – nominated by the Cleveland Browns for his work with EDWINS Leadership & Restaurant Institute. Chrostowski founded EDWINS in 2007 to offer formerly incarcerated adults a foundation in the culinary and hospitality industries.  
**Dallas Cowboys: Tyler Chambliss** – nominated by the Dallas Cowboys for his work with The Salvation Army North Texas

Youth Education Town. Chambliss has served as the Program Manager for The Salvation Army North Texas Family Life Center and Gene and Jerry Jones Family North Texas Youth Education Town. In this role, he is responsible for creating and implementing programming that connects students and families through education, spirituality, and health and wellness.  
**Denver Broncos: Michelle Graham Rodriguez** – nominated by the Denver Broncos for her work

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